



Agenda

Sexual Health Alliance

August 4, 2021, 3:30-4:30 PM

Zoom*

<https://zoom.us/j/95022571617?pwd=Ykk4S1NrVTRXTlFoMHp4Z2lFWnlNZz09>

You can also dial in using your phone: +1-312-626-6799

Meeting ID: 950 2257 1617

Passcode: 148414

The Sexual Health Alliance is a collaborative group that promotes and supports healthy relationships and sexual behaviors in Linn and Johnson counties through community engagement

Welcome & Introductions

Please include preferred pronouns

Updates & Program Sharing

- PRIDE
 - Cedar Rapids
 - Coralville
 - Iowa City
- “Back to School”
- Other Updates

Brain Health

*The daily stress caused by COVID-19, emerging variants, virtual school, a derecho, financial instability, etc. have had a big impact on our communities in one way or another. It is normal to experience feelings of isolation, anxiety, sadness, and fear during times of uncertainty. Attitudes and awareness surrounding mental illness and mental health are changing as dialogue around brain health has increased nationally, locally, and around the spaces many of us live, work, and play. *While the questions below refer to “mental health/mental illness,” we acknowledge that mental health and mental illness are not the same.*

- Discussion
 - What impact can sexual health (sexual identity, sexualization, sexual pleasure, etc.) have on mental health/mental illness?
 - What impact can mental health/mental illness have on sexual health?
 - What do you see as your role to address these impacts? As an individual? Practitioner? Educator?
 - What do you see as our role as a coalition?
- Resources

Upcoming Meetings

October 6, 2021 (Zoom)
December 1, 2021 (Zoom)
February 2, 2022 (TBD)

