



The Sexual Health Alliance is a collaborative group that promotes and supports healthy relationships and sexual behaviors in Linn and Johnson counties through community engagement

AUGUST MEETING MINUTES

In Attendance: 12 - Abby Lee (UI College of Public Health Student), Alicia Steines (LCPH), Amelia Slaichert (JCPH), Elaine Cook (MMU Nursing), Emily Parker (ASAC), Katie Reasner (LCPH), Kim Andresen (RVAP/Transformative Healing), Kurt Berke (Iowa PCA), Laura Faircloth (CRPD), Lorena Wepler (City of Oxford), Nicky Stansell (IDPH), Sumaya Rabee (RVAP)

Updates, Barriers & Opportunities

- UAY is seeking a Health Education Volunteer. See description attached
- RVAP is seeking volunteers for the Queer Health Advocates program, handout attached. Application available at <https://rvap.uiowa.edu/volunteer/queer-health-advocates/>. Emily will connect Kim with Tanager's LGBTQ Youth Center
- Nicky Stansell is the new IDPH Rural Outreach Liaison, welcome!
- If you are interested in joining the Education or Community Outreach Subcommittees, please contact Amelia at aslaichert@co.johnson.ia.us

Education Subcommittee Update & Discussion: This Subcommittee is working under goal 3 of the [strategic plan- Educate Linn & Johnson Counties on sexual health topics](#). The coalition has already completed a presentation on human trafficking at an SHA meeting earlier this year. The Subcommittee has been working on a presentation of common STI symptoms, testing and treatment to offer nursing students at area colleges. Elaine is reaching out to faculty to see if they are able to integrate this presentation into their curriculum. As classes are resuming soon, the group wanted to move this along quickly. Elaine plans to send out an email this week with the presentation and associated materials so that the content can be implemented into the curriculum this fall. Another option, though not as ideal, is to offer the presentation in an online format with voice over.

- Next Steps: The Subcommittee plans to meet at least once before the end of the calendar year. Amelia will send out a doodle poll to the group.

- **Action Items:**

Elaine	<ul style="list-style-type: none"> • Contact instructors at Mt. Mercy to see if they are interested in including a presentation about STI screening recommendations • Contact instructors at Coe and Kirkwood to see if they are interested in including a presentation about STI screening recommendations
Amelia	<ul style="list-style-type: none"> • Make the STI screening recommendation powerpoint • Contact Larry Newman at the University of Iowa School of Nursing to see if they are interested in including a presentation about STI screening recommendations

Community Outreach Subcommittee Update & Discussion: This Subcommittee is working under goal 1 of the [strategic plan](#)- *Foster and engage community members*. SHA has consistently participated in events such as Iowa City and Cedar Rapids Prides in June and July, as well as Sexual Assault Activism Month activities in April. The group discussed a need to branch out to other communities. Sumaya discussed the need for outreach to the immigrant communities, specifically African/Middle Eastern and the Sudanese and Congolese communities. Information on brain and body adolescent development was suggested. The group discussed the importance in involving community leaders in developing content as cultural considerations and buy-in are needed to be successful. The group hopes to have a discussion with some community leaders at the next meeting to discuss taboos, conflicts, etc. related to adolescent growth and human development.

The group discussed the format of the information to be provided. Emily suggested creating culturally-specific, trauma-informed, adolescent brain and body development infographic/brochures, translated into different languages with culturally appropriate graphics. The group agreed this would be a good starting point and discussed potential individuals who could provide information on the topic. The group discussed the importance of having key stakeholders from the communities, who are well received and respected. Sumaya agreed to reach out to her contacts and Heidi will also be working on this.

Laura also suggested for Katie to attend the Immigrant Concerns meeting at the Jean Oxley Center in Cedar Rapids. Katie will touch base with LCPH’s Health Services Supervisor, prior to attending, as she works closely with the immigrant and refugee community.

- **Next Steps:** The group wants to make sure a community representative is present during the next Subcommittee meeting. Sumaya will (1) invite Hanadi Elshazli, Family Support Worker, to the next meeting, (2) ask for a few dates/times that work for her to meet with the group and (3) e-mail the dates/times to Katie. Katie will then send out a doodle poll to the group to schedule the next meeting, using the dates and times that work for Handai.

• **Action Items:**

Team Members	<ul style="list-style-type: none"> • Locate resources on adolescent growth and development (brain & body) using websites, people, etc. to provide content for the handout/infographic • Do some research on Sudanese and Congolese cultures
Heidi	<ul style="list-style-type: none"> • Canvas Sudanese healthcare providers
Stanzly	<ul style="list-style-type: none"> • Ask Ally Hanten for input about content and key stakeholders
Sumaya	<ul style="list-style-type: none"> • Invite Hanadi Elshazli, Family Support Worker, to the next meeting. Get dates/times she can meet and send them to Katie
Katie	<ul style="list-style-type: none"> • Create a doodle poll with dates/times from Sumaya and send out to the group for next meeting

Adjourned

September 5
October 3
November 7

11am – 12pm
11am – 12pm
11am – 12pm

Upcoming Meetings

North Liberty Community Library, Room CD
North Liberty Community Library, Room AB*
North Liberty Community Library, Room TBD